ABSTRACT OF THE DISCLOSURE

A resin-coated metal sheet comprising a metal substrate and a thermoplastic resin layer formed on the surface of the metal substrate, wherein the thermoplastic resin layer comprises a polyester consisting chiefly of a polyethylene terephthalate and an ethylene polymer, and contains an ionomer resin as well as a tocopherol or a derivative thereof. The resin-coated metal sheet exhibits corrosion resistance, shock resistance (dent resistance) and resistance against high temperature and humidity, and withstands the retort-sterilization and the aging in a hot vendor or the like after the retort-sterilization.